

STEPS TO TAKE IF YOU ARE A VICTIM OF DOMESTIC VIOLENCE

1. Call 911 or Report the Incident

- If you are in immediate danger, contact law enforcement by dialing 911.
- Provide officers with all relevant details, including any threats, injuries, or prior incidents of abuse.



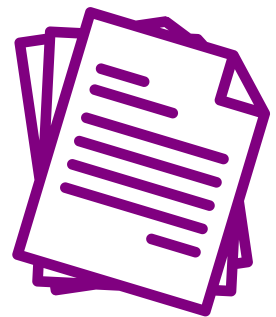
2. Obtain a Temporary Restraining Order (TRO)

- A TRO can be obtained by filing for protection at a local police department or family court. This order prevents the abuser from contacting or approaching you.
- You will need to provide detailed information about the incident and your relationship with the abuser.



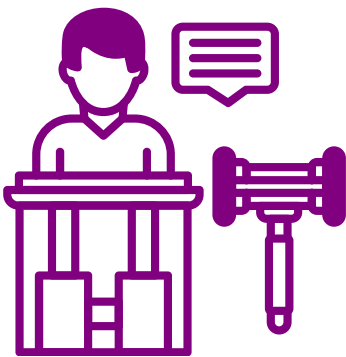
3. File a Criminal Complaint

- If the abuser has committed a criminal act, you can file a complaint with the police. This can lead to criminal charges against the abuser.



4. Attend a Hearing for a Final Restraining Order (FRO)

- Generally, within 10 days of the TRO being issued, a court hearing will determine whether a Final Restraining Order is necessary.
- Both you and the accused will have the opportunity to present evidence and testimony to a judge.



5. Seek Support Services

- Contact shelters, counseling services, or legal aid organizations for support. These services can help with safety planning, emotional support, and legal representation.



KEY LEGAL PROTECTIONS UNDER NEW JERSEY LAW OF DOMESTIC VIOLENCE

Temporary Restraining Order (TRO): Provides immediate protection and sets restrictions on the abuser's contact with you.

Final Restraining Order (FRO): A permanent order that offers ongoing protection and may include child custody arrangements, financial support, and mandatory counseling for the abuser.

The Prevention of Domestic Violence Act: New Jersey's primary law addressing domestic violence, which includes provisions for restraining orders, victim rights, and abuser accountability.

If you are experiencing an emergency, please call 911.

National Domestic Violence Hotline: 1-800-799-SAFE (7233)

New Jersey Domestic Violence Hotline: 1-800-572-SAFE (7233)